

# **MONTANA NATURAL RESOURCES YOUTH CAMP**

Dear interested camper,

Thank you for your interest in the Montana Natural Resources Youth Camp. Enclosed you will find a full application which should be completed and returned no later than **June 14**<sup>th</sup> with a \$150.00 deposit to:

Montana Natural Resources Youth Camp c/o Christina Oppegard W.A. Franke College of Forestry & Conservation 32 Campus Drive Missoula, MT 59812-0606

Phone: 406-243-2773 • Fax: 406-243-4715 • Email: <a href="mailto:christina.oppegard@mso.umt.edu">christina.oppegard@mso.umt.edu</a>

Please take time to read the application fully and accurately, fill it out, and get all of the parent or guardian signatures required. *The fee for the entire 6 days of camp is \$300.* Also please understand that each camper will be required to provide proof of their own health insurance. The application should be sent back as soon as possible since our capacity is limited to 30 campers. Qualified campers are accepted based upon when the applications are received. The camp can fill up early, so don't delay.

<u>Two optional programs are available only for 2<sup>nd</sup> and 3<sup>rd</sup> year return campers</u>. An overnight backpacking trip several miles into the mountains to an alpine lake along the Montana/Idaho border about an hour drive NW of Missoula is offered only to return campers. This adventure takes place immediately after camp ends on Friday at 3:00 PM and returns the next day Saturday at 1:00 PM. Since we can only take 10 campers this opportunity is <u>only available to the first 10 applicants</u>. The Conservation Leadership School offers several advanced classes during the week and is only available to 3<sup>rd</sup> year return campers.

The camp instructors are all professional volunteers from the public and private sectors of natural resource management who offer campers a unique opportunity to see real world applications of land management.

If you have any questions about the camp feel free to call me at (406) 243-2773, or you can reach me via email at: <a href="mailto:christina.oppegard@mso.umt.edu">christina.oppegard@mso.umt.edu</a>

Sincerely Yours, Christina Oppegard Camp Director

### **DEADLINE** - June 14<sup>th</sup>

WONTANA NATURAL R	ESOURCES YOUTH CAMP APPLICATION
NAME	Home Phone ()
Please print or type)	<u> </u>
ADDRESS:	Cell Phone ()
ADDRESS:(Street)	(City) (State) (ZIP)
MAILING ADDRESS IF DIFFERENT:	
BIRTH DATE: MALE   (mm/day/year)	ALE   T-SHIRT SIZE (adult sizes): XS   S  M  L  XL  2XL
AGE (at time of camp)	
E-MAIL:	Parents/Guardians E-MAIL:
<ul> <li>I am a return camper</li> <li>I want to participate in the overnight to participate in the optional Company</li> </ul>	ackpack trip Friday-Saturday. nservation Leadership School (see page 4 for details).
CAMPER RESPONSIBILITIES:	
camp director, instructors, and camp staff. to promote the conservation of natural res	atural Resources Youth Camp, I agree to cooperate fully with the will take advantage of all reasonable opportunities afforded me ources in my own community, after I return home. I have read and olation of these rules is grounds for dismissal.
Please check the following box to acknow responsibilities as a camper.	edge your understanding of your
CAMP REGISTRATION FEE: (Make checks paya http://mnryc.org/camp-application/camp-fee	ble to MNRYC; card payments can be made by going to e-payment)
meals, camp activities, and educational ma	r online payment receipt, which covers only part of the cost of lodgi terials for the camp period. Full fee for the Core Program is \$300.00 participate in the Conservation Leadership School (CLS), the full fee per on the memo line of your check.
other organizations and agencies), see pag	rship(s) in your local community (such as conservation district or e 3. If local sponsorship is not available please contact us at (406) o.umt.edu so we may assist you in finding a sponsor.
Name of Sponsor, if any	

Cancelations made prior to July 14<sup>th</sup> (first day of camp) will receive a full refund, upon an emailed notification to the director stating the reason for canceling and needs to be approved. No shows will forfeit their camp fees already paid.

(It is highly recommended that campers give a formal report to their sponsor after returning from camp.)

### **Montana Natural Resources Youth Camp Sponsorships**

The camp fee of \$300 (\$50 extra each for Conservation school and/or backpacking trip) is required for each camp participant. Although campers are welcome to pay for the entire fee on their own, they may also seek sponsorships from a variety of agencies and organizations. A sponsorship usually consists of a \$100 stipend awarded to a camper and mailed directly to the Camp Director. Stipend amounts may vary by organization, area, and year and have traditionally ranged from \$25 to \$300. Past sponsors have been:

- Conservation Districts
- The Montana Stock Growers Association
- The Rocky Mountain Elk Foundation
- The Montana Tree Farm System
- The Montana Society of American Foresters
- Montana Association of State Grazing Districts
- Local Community Organizations
- Local wood products industry (sawmills, post and pole producers, lumber yards)
- USDA Forest Service employee organizations (Check with your local National Forest District) Local businesses such as hardware stores, implement dealers,

A letter of support and legitimacy for a sponsorship may be obtained from the Camp Director.

The \$300 fee covers approximately 25% of the cost per student. The balance is covered by larger grants from a variety of agencies and non-government organizations and industries that are obtained by the MNRYC board of directors on an annual basis.

### Recommendation

Please obtain a recommendation letter from one of the following: 4-H leader, teacher, county extension agent, Soil Conservation District employee, forester or other natural resources professional. Letter of recommendation should address the camper's emotional maturity and ability to interact in a positive manner in an unfamiliar setting for a week with peers and instructors.

Letters must be typed with contact information of the person who is recommending the potential camper. Letter of recommendation need to accompany application. If they are not please notify camp director, Christina Oppegard at 406-243-2773 or christina.oppegard@mso.umt.edu

# **Natural Resources Background**

A.	What natural resources experiences have you had? (Camping, farming, fishing, hiking, etc.)
В.	What natural resources activities are most interesting to you? (check all those that apply)
	Forestry
	Range
	Wildlife
	Soils
	Geology
	Stream management
	Ranch management
	River rafting
	Hiking
	Other
C.	What new activity would you like to learn about while atcamp?
D.	How did you find out about this camp?
Ε.	In what newspapers would your family like to see an article about campwritten?

### **Conservation Leadership School**

The Conservation Leadership School offers two advanced field trip classes for 3<sup>rd</sup> year return campers. Participants typically visit an active timber harvesting site, and a restoration project that had to balance multiple objectives for the best use of a resource. Students are asked to use problem solving skills to provide recommendations and/or questions to help improve the project for balancing the objectives of the landowner and meeting the overarching conservation goals for Montana Natural Resources.

An additional fee of \$50 applies to help cover travel expenses, for a full fee of \$350.

<u>10 spaces are available.</u> To be considered, please write a brief statement about why you want to attend the conservation leadership school. The statement needs to accompany the application and no letters after the **June 14**<sup>th</sup> deadline will be accepted.

### Overnight backpacking trip

The overnight backpacking trip is offered to all return campers based on a first 10 applications basis. We will create a reserve list when applicable. This opportunity extends camp an extra day, starting at 3:00PM on Friday when the regular camp ends and returning backpackers to camp the following day at 1:00 PM. This opportunity is limited to only 10 campers per use restrictions of backcountry sites on national forest lands. The trip will require an approximate 1 ½ hour drive from camp to the trail head on national forest lands NW of Missoula along the Idaho/Montana border. Destinations may vary from year to year based upon conditions but typically require a 1-3 mile hike to an alpine lake where campers will spend the night. Backpacks and sleeping bags can be provided, though if campers possess their own they are encouraged to bring them. Sturdy hiking shoes are required (running shoes do not qualify!) that offer good stable foot protection and traction. If new shoes are used campers are highly recommended to have worn them for at least 5 miles prior to backpacking (putting them on wet and walking them dry is a good way to break them in). This will prevent chances of blisters or foot abrasions as hiking up and down trails with weight is different than just walking. Objectives for this trip are to have fun, experience an out-of-the-way place, learn the basics about packing for a trip (meals, drinking water, clothing, safety), and setting up a comfortable and functional camp with minimum impact to nature. Often there are trout in the lake so campers may want to bring their fishing rods (only rods that can be taken apart to 4 feet or smaller - fly or spincast). Catch and release fishing will be allowed. Swimming (water is typically quite cold) is also possible. A minimum of 2 adults (though typically 4) will accompany campers. Food is supplied.

An additional fee of \$50 applies to help cover travel, permits, equipment sanitation and food.

<u>10 spaces are available.</u> To be considered, please write a brief statement about why you want to go on the backpacking trip. The statement needs to accompany the application and no letters after the **June 14**<sup>th</sup> deadline will be accepted.

Pickup for backpackers will be Saturday at 1:00 PM at the Lubrecht Castle Center.

# TRAVEL FORM (To Be Completed by Parent/Guardian)

### **ARRIVAL:**

My son/daughter will be arriving by:	car 🗆	bus □	airplane 🗆	other □
If your son or daughter is traveling by terminal <b>if we have their schedule</b> . Ple 10 days prior to camp.	•			•
If arriving by car who will be the drive	r of the car?			
If your son/daughter is driving a vehic Director and will not be able to use the				
If arriving by either bus or airplane to	Missoula, please list	the company o	rairline	_
Flight or bus number				
Date and arrival time in Missoula				
DEPARTURE:				
My son/daughter will be leaving by:	car 🗆	bus 🗆	airplane 🗆	other 🗆
If leaving by car, who will be the drive	er of the car?			
If leaving by either bus or airplane from	m Missoula, please li	st the company	or airline	
Flight or bus number				
Date and departure time from Missou	ıla			
I understand, by checking the follow daughter to and from camp, and unde Unless, I inform the camp coordinator the instructions above.	rstand that I am cert	ifying the accura	acy of the travel inform	nation provided.
By checking the following box you ar certifying the above information.	e providing your ele	ctronic signatur	е	
Please indicate here, if you consent th car-pooling to and from camp.	·			·
	<ul><li>□ Yes, please share</li><li>□ No, do not share</li></ul>	•	formation for possible or poss	car-pooling.

### **CAMP RULES**

The organizers of the Montana Natural Resources Youth Camp and the staff of Lubrecht Experimental Forest want your week to be filled with exciting experiences, new friendships and fun. To help make this happen, they expect each camper to be considerate of others, participate fully in the camp program and observe the following rules.

The camp rules are intended to assist in providing for the health, safety and social well-being of everyone attending camp. If a situation or question arises which is not clearly covered by this list, ask the Camp Director **before acting**.

- If necessary to drive your personal car to camp, you will be required to give the ignition keys to the Camp Director and will not be able to use the vehicle for the duration of the camp.
- Obtain the Camp Director's permission before leaving camp for any purpose.
- Respect the camp facilities and natural surroundings do not deface or destroy them in any way. Deposit your litter in the containers provided.
- Respect others' privacy. Boys are not permitted in girls' cabins, nor are girls permitted in boy's cabins.
- ALCOHOL, DRUGS, GUNS, TOBACCO, AND FIREWORKS ARE PROHIBITED. We reserve the right to search personal belongings for prohibited items.
- Cabin lights out is at 11:00pm and morning roll call is at 7:00am.
- Swim or engage in water sports only when a member of the camp staff is present. Wear life jackets when rafting or canoeing. Fish only if you have a valid Montana Fishing License.
- Violation of any of these rules is grounds for dismissal of individuals or groups and forfeiture of camp fees. Parents will be promptly notified along with the person recommending the camper. Individuals so dismissed must call their parent or guardian and arrange transportation home at their own cost.
- It is not possible to anticipate every possible situation that might come up. In the absence of a rule regarding a specific activity or situation **CONSULT A CAMP COUNSELOR**.

### **CODE OF CONDUCT AGREEMENT**

I acknowledge that I understand the basic rules for participation in the Montana Natural Resources Youth Camp and agree to and comply with:

*** Participate fully in the program.	
*** Be responsible for my own behavior and uphold exemplary standards for the group.	
*** Abide by the basic rules for living at the camp.	
*** Leave the camp facility in as good or better condition than I found it.	
*** Support and abide by the camp staff's leadership.	

Please check the following box to acknowledge your understanding of your	
responsibilities as a camper.	

\*\*\* Refrain from possessing or using tobacco, alcoholic beverages, illegal drugs, or fire-works.

# MONTANA NATURAL RESOURCES YOUTH CAMP OuickFacts

WHERE: At Lubrecht Experimental Forest, approximately 30 miles east of Missoula, on Highway 200.

WHEN: Campers should arrive between 3:00 p.m. and 4:00 p.m. on Sunday. They should be registered and settled into their cabins prior to 4:30 p.m. They should be on time in attending the camp orientation session at 4:30 p.m. The first meal will be at 5:30 p.m. on Sunday.

Campers are to be picked up at **3:00 p.m.** on Friday, after the slide show. **Parents are encouraged to attend the slide show presentation at 2:30 p.m., which is the capstone of our week at camp**. Overnight camping trip for selected return campers will leave at 3p.m. and will return on Saturday late morning.

**WHAT TO BRING TO CAMP**: Bring your own bedding and other personal articles. Comfortable outdoor clothing and toilet articles, including towels, are necessary. Swimsuit, camera, flashlight, rain gear, warm clothing and shoes suitable for hiking are desirable. There will be some activities in the water so wading shoes may be in order. Mornings are often cold at Lubrecht, even during the summer so please bring some warm clothes. If you bring a car you will be requested to leave it parked during the camp and to turn in the keys to the camp director.

### List of materials needed for camp (check list)

☐ Sleeping bag or bedding	□ Shoes suitable for wading	□ Water bottle or mug
□ Pillow	□ Cap or hat	□ Sunscreen
☐ Bed sheet (twin size)	□ Warm jacket (nights are cool)	□ Insect repellent
☐ Towels, soap, shampoo	□ Rain gear	□ Flashlight
□ Toothpaste etc.	□ Swimsuit	□ Alarm clock
☐ Hiking boots	<ul><li>Eyeglass strap (if you wear</li></ul>	□ Small backpack
□ Extra shoes	glasses)	<ul><li>□ Change of clothes for 5 days</li><li>□ Personal Medication, (if any)</li></ul>

### **Optional Equipment**

Camera Binoculars
Compass Baseball glove
Musical instruments Hand lens

Live music is encouraged and welcome at campfires and free time.

ALCOHOL, DRUGS, GUNS, TOBACCO, AND FIREWORKS ARE PROHIBITED We reserve the right to search personal belongings for prohibited items.

**KEEP THIS FORM — BRING IT TO CAMP WITH YOU** 

### **CAMPER'S MEDICAL FORM**

Dear Parents,

The MNRYC will have an **on-site First Aid station** for this year's Montana Natural Resources Youth Camp and will have arranged to have basic supplies available in the event of an accident or illness. We can assure you that your child's safety will be of utmost importance throughout the camp and that we anticipate a safe and fun experience for everyone involved.

We require basic medical information for each camper. Please complete the forms below. Please make sure your child has enough of their medications to last the wholecamp.

Sincerely, The Montana No	atural Resource	es Youth	Сатр			
Participant's Na	me			Date of	Birth	Age
Emergency Con	tact #1 Name:_				Relation:	
Address:						
					ZIP:	
Home Phone: (_	))			Work Phone: (_	))	
Emergency Con	tact #2 Name:_				Relation:	
Address:						
City:				State:	ZIP:	
Home Phone: (_	))			Work Phone: (_	)	
Primary Care Ph	ysician:			Phone:	()	
Medical Insuran	ice Coverage				Policy #	
Known Medical	Conditions (e.	g., diabe	tes, asthma, dev	velopmental disa	abilities, communical	ole diseases, etc.)
Medication	Reason taking	Dose	Doses per day	Time of dose(s)	Prescribing doctor	Noted side effects

# CAMPER'S MEDICAL FORM (continued)

1.	Do you have any physical complair  If so, what?				No 🗆	
2.	Are you under the care of a doctor			Yes 🗆		
3.	Do you have or have you had?			rt problems □ Se ith a Mental Disor		1
	If so, what are you taking?					
4.	Do you have any allergies and/or r	eactions to allerge	ns, like food	, medications, or	pollen? Yes □	No 🗆
5.	Do you have any other allergies?			Yes □	No □	
6.	Special dietary needs?  Explain:			Yes 🗆		
7.	Do you wear MedicAlert tags?	Yes □ No □	Whe	re?		
8.	Date of last Tetanus shot:					
9.	I give my child permission if needed such as Tylenol, Advil, Ibuprofen, instructions).  Special conditions	antacids, antihis	ramines, cou	igh syrup, cough Yes □	•	
со	nm of the opinion that the above na intagious or communicable disease. s or her health is		safely partic Fair □	ipate in this even	t and that he or	she has no
ca he en	nereby give my consent for (camplese of emergency, I understand evereby give permission to the physician nergency surgery) for my child. In each of the administer first aid.	ery effort will be nonested by the s	taff to hospi	talize and secure	proper treatmen	reached, I t (including
 Da		arent/Guardian	Prir	ited Name of Pare	ent/Guardian	_

# Parent/Guardian Acknowledgement, Release and Power to Authorize Medical Treatment

I hereby grant	permission to	attend the Montana	Natural Resources '	Youth Camp.
I understand that each camper is guardians. The Montana Natural			-	
I have read the Camp Rules and u forfeiture of fees, and that the re				or daughter and
WHEREFORE, pursuant to the cor Resources Youth Camp, my agree the Camp Rules, I hereby make the	ment to provide health or	accident insurance fo	•	
1. I acknowledge that there is an in Resources Youth Camp. Those or insects; weather which could encounters with wildlife which could cause injury or death or woutdoor camp settings which muneven terrain; whitewater raf climbing wall the use of which accidental drowning; and dama child's participation in the Cam	risks include, but are not ling lead to dehydration, heat could lead to injury or deal water temperatures which hay not have adequate lighting on rapids which could could lead to participant sunge to my child's person or	mited to: dangerous r stroke, hypothermia th; dangerous natura could lead to hypothe ting at night; hiking to cause occupants to so	natural conditions so or death; expected I conditions of river ermia and drowning rails which may con- uffer injury or death h; exposure to wate	uch as dangerous plants d or unexpected is or streams which g; campfires; indoor and tain obstacles or h; ropes course and er that could lead to
<ol> <li>I hereby waive any right to any agents for any injury, loss, dam government, private legal entit Montana Natural Resources Yo incur, or any damages or injury in the course.</li> </ol>	age, accident, delay or exp y, or third person. I also as uth Camp against any loss	ense result from any sume sole responsibil due to any financial c	act or omission of a lity for and agree to obligation or liabilition	any carrier, indemnify the es that I may personally
3. I further release the Montana New physical disability or illness not of the Montana Natural Resour under the circumstances regard hospital or in the hands of any any means of conveyance requ	disclosed to Montana Nati rees Youth Camp full autho ding my minor child's healt local doctor for medical tre	ural Resources Youth rity to take whatever h and safety, and, at eatment at my own ex	Camp and grant the actions they may continuous their discretion, to paperse, or to transp	e employees and agents onsider to be warranted place him or her in any port my minor child by
4. I certify that my minor child is i hamper his or her participation		nowledge does not ha	ave any physical pro	oblems which would
5. I certify that I have explained to Montana Natural Resources Yo	-		olved in his or her	participating in
<ol><li>I certify that the information the releases is accurate.</li></ol>	at I and my minor child ha	ve provided on the Ca	amp application and	d all related forms and
WHEREFORE, I have subscribed th	nis document on this the	day of	, 20	
Parent Signature		Parent Name (please	print)	
Witness to Signature		Witness Name (plea	se print)	
Acknowledgement of Participant	:			
I have read the acknowledgemen Natural Resources Youth Camp in that risk by participating.				· · · · · ·
Participant Signature		Participant Name (p	lease print)	

# **Model Release**

Parental Permission for Minors (under 18 years old)

very year, the Montana Natural Resources Youth Camp (MNRYC) develops a camp video. Campers receive a copy of the camp video as a keepsake. During educational activities associated with the camp, campers and other participants may be photographed or filmed. This form grants permission to use images of campers for the camp ideo and other educational and promotional purposes that support the mission of the MNRYC.
(please print), give the MNRYC permission to record till and motion images of the minor named below. I understand that these images will be in the public domain e., the rights belong to the community at large, are unprotected by copyright or patent, and are subject to ppropriation by anyone worldwide. I understand that the MNRYC may store these images for use in any medium perpetuity.
igning this form is neither mandatory nor necessary for camp participation. Without this permission, images o ampers will not be featured in the camp video or other promotional material.
/linor's Name (please print)
arent/Guardian's Name (please print)
Parent/Guardian's Signature Date

### PARTICIPANT AGREEMENT, RELEASE, AND ASSUMPTION OF RISK

In consideration of **Montana River Guides**, their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "MRG"), I hereby agree to release, indemnify and discharge MRG, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that **whitewater river rafting, canoeing, river boarding, kayaking, and/or river rescue classes** entail known and unanticipated risks, that could result in serious physical or emotional injury, paralysis, death, or damage to myself, to property or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

These risks include, among other things: whitewater rapids will be encountered; your boat could turn over and/or you could have to swim rapids risking collision with rocks and entanglement in trees; head injuries can occur; you can slip or fall during a hike, resulting in damage to equipment or personal injury; exposure to the natural elements can be uncomfortable and/or harmful; you should be aware that this exposure could cause sunburn, dehydration, heat exhaustion, heat stroke and heat cramps; also prolonged exposure to cold water can result in hypothermia; exposure to potentially dangerous wildlife, insects, plants; and accidental drowning is also a possibility.

Furthermore, MRG employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

- 2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary and I elect to participate in spite of all therisks.
- 3. I hereby voluntarily release, forever discharge and agree to indemnify and hold harmless MRG from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or use of MRG's equipment or facilities, including any such claims which allege negligent acts or omissions of MRG.
- 4. Should MRG or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- 5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage to myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
- 6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against MRG on the basis of any claim from which I have released them herein.

I have had sufficient opportunity to read this entire document. I have read and understood it, and agree to be bound by its terms.

Signature of Participant	Print N	Name	
Address			
Phone		Da	ate
	S OR GUARDIAN'S ADDITION be completed for participants	_	-
In consideration of participate in its activities and to u from any and all claims which are participation by Minor.	se its equipment and facilities, I	further agree to indem	nnify and hold harmless MRG
Signature of Parent/Guardian Montana River Guides reserves the right to u.			

## CITY OF MISSOULA ROPES COURSE AND CLIMBING WALL RELEASE & ASSUMPTION OF RISK AGREEMENT

I am aware and understand that Ropes Course and Climbing Wall are potentially dangerous activities with the potential for death, serious injury, and property loss. These risks include, but are not limited to, hazards of injury to my person or property while engaged in Ropes Course and Climbing Wall activity. I HEREBY ASSUME ALL RISKS OF PARTICIPATING IN MISSOULA'S PARKS AND RECREATION ROPES COURSE AND CLIMBING WALL. I certify

that I am physically fit, have trained sufficiently for participation in this activity, and have not been advised otherwise by a qualified medical person. I am aware and understand the risks of personal injury, accidents, and/or illness, include, but are not limited to sprains, strains, torn muscles, and/or ligaments; fractured or broken bones; eye damage; cuts, wounds, scrapes, abrasions and/or contusions; dehydration, and/or oxygen shortage; head, neck, and spinal injuries; shock; paralysis or death; and serious injury or impairment to other aspects of my body and general health and well being.

I give permission for the City of Missoula personnel assigned to my activity to seek emergency medical services for me should I become injured or ill with the understanding that I am responsible for any expenses incurred. I fully understand that the City of Missoula does NOT provide any medical insurance coverage for me while participating in ROPES COURSE AND CLIMBING WALL activities. I also realize that I may be attended by City of Missoula personnel assigned to my activity until medical care is available.

I, do hereby for myself, my heirs, executors, administrators, successors, and assigns, release, acquit, and forever discharge the City of Missoula, its employees, elected officials, and insurers from any and every claim, demand, right, or cause of action, property damage, personal injury, costs, loss of service, expenses of any kind, and any compensation whatsoever, which I may ever assert by reason of my or my child's presence and/or participation in THE CITY OF MISSOULA PARKS DEPARTMENT ROPES COURSE AND CLIMBING WALL, including any claims which might arise from natural, environmental, or weather conditions, and from the nature or condition or manufacture of any structures or appurtenances on the premises, and further including any and all claims which might arise from any use of any equipment which might be attached to or near any structures or appurtenances on the premises, or used in conjunction with the ROPES COURSE AND CLIMBING WALL instruction, and all claims which might arise out of the acts or omissions of other persons on the premises, whether directly connected with THE CITY OF MISSOULA PARKS DEPARTMENT ROPES COURSE AND CLIMBING WALL or not. I hereby authorize the City of Missoula to use my likeness or picture, or that of my child, in any photograph or advertising for promotion of the Parks and Recreation Programs. I hereby acknowledge that this release is voluntarily given with full knowledge of the meaning and consequences of this release.

I have read the above RELEASE & ASSUMPTION OF RISK AGREEMENT and fully understand its purpose. I willingly sign below and represent that I am 18 years of age or older and otherwise competent to execute this document, or that my legal guardian is also signing this document.

*C:	Data
*Signature:	Date:
*Parent or Legal Guardian if under 18 years of age.	

### CITY OF MISSOULA ROPES COURSE AND CLIMBING WALL MEDICAL RELEASE

NAME OF PARTICIPANT:				
Address	State	: <u> </u>	Zip:	
Date of Birth:	Home Phone:			
Emergency Contact:	Phone:		_Relationship:	
I DODO NOThave any physical problems, acute or chronic, which instructors should be aware of while I am participating on the Ropes Course and Climbing Wall. PROBLEMS: (list)				
I consent to willingly participate in the Ropes Course and Climbing Wall Programs. I understand this program involves a variety of activities including but not limited to warm ups, group initiative problems, high and low Ropes Course and Climbing Wall elements, which are <u>rigorous physical</u> adventure activities.				
In particular this type of rigorous activity can result in a highly elevated heart rate. I also acknowledge that I have been informed that due to the stresses both emotional and physical which cause this highly elevated heart rate, there have been documented fatalities on other ropes courses as a result of cardiac arrest.				
I fully understand that there is risk involved in my participation in this activity. I hereby agree that the City of Missoula and the Parks and Recreation Program will not be held liable for any injury, accident, or heart condition resulting from my willing participation in the Ropes Course and Climbing Wall.				
***It is recommended that you obtain a thorough physical examination, which includes a symptom limited maximum exercise stress test, if you meet two or more of the following preconditions before you participate on the Ropes Course.				
Please check the following precon	ditions that apply to you.			
Family history of heart disease	es	Smoker		
Obesity	[	Diabetes		
Sedentary lifestyle	[	Hypertens	sion	
SIGNATURE:* DATE:  *LEGAL GUARDIAN IF UNDER 18 YEARS OF AGE.				

PLEASE SIGN <u>BOTH</u> SIDES. READ BOTH SIDES CAREFULLY - THIS IS A LEGAL DOCUMENT.

5/07